



## 2023 Student - School Climate, Safety and Wellness

### School Climate, Safety and Wellness Inventory (6th-8th Grades)

We want to know how you are doing and how you feel about your school! This survey is anonymous, so no one will see your individual answers. Please give us your honest opinions so that we can better understand your experience and work to make your school a better place. Some of the questions are about sensitive topics like bullying, mental health, and safety. If you think you might have difficulty doing this survey, please let your teacher know.

### School Climate and Culture

In this section, we would like to understand how you feel about your school.

1. How excited are you about going to your classes?

- Not at all excited     
  Slightly excited     
  Somewhat excited     
  Quite excited     
  Extremely excited

2. How often do your teachers seem excited to be teaching your classes?

- Almost never     
  Once in a while     
  Sometimes     
  Frequently     
  Almost always

3. Overall, how high are your teachers' expectations of you?

- Not high at all     
  Slightly high     
  Somewhat high     
  Quite high     
  Extremely high

4. How connected do you feel to the adults at your school?

- Not at all connected     
  Slightly connected     
  Somewhat connected     
  Quite connected     
  Extremely connected

5. How much do you matter to others at this school?

- Do not matter at all     
  Matter a little bit     
  Matter somewhat     
  Matter quite a bit     
  Matter a lot

6. How positive or negative is the energy of the school?

- Very negative     
  Somewhat negative     
  Neither negative nor positive     
  Somewhat positive     
  Very positive

7. How pleasant or unpleasant is the physical space at your school?

- Very unpleasant     
  Somewhat unpleasant     
  Neither pleasant nor unpleasant     
  Somewhat pleasant     
  Very pleasant

8. I participate in school-related group activities - for example, sports, band, drama, clubs, or student government.

- No     
  Yes

9. How much respect do students in your school show you?

- No respect at all     
  A little bit of respect     
  Some respect     
  Quite a bit of respect     
  A lot of respect



10. At your school, how unfairly do the adults treat the students?

Not at all unfairly

Slightly unfairly

Somewhat unfairly

Quite unfairly

Extremely unfairly

11. How fair or unfair are the rules for the students at this school?

Very unfair

Somewhat unfair

Neither unfair nor fair

Somewhat fair

Very fair

12. At your school, how much does the behavior of other students hurt or help your learning?

Hurts my learning a lot

Hurts my learning a little bit

Neither helps nor hurts my learning

Helps my learning a little bit

Helps my learning a lot

13. How often do you have the opportunities to demonstrate your understanding in a way that is different from a test or quiz?

Almost never

Once in a while

Sometimes

Frequently

Almost always

14. Have you had an opportunity to make a difference at your school about something that matters to you?

Almost never

Once in a while

Sometimes

Frequently

Almost always

15. My school tries to involve all families in school activities.

Strongly Disagree

Disagree

Neutral

Agree

Strongly Agree

16. How well do people at your school understand you as a person?

Do not understand at all

Understand a little

Understand somewhat

Understand quite a bit

Completely understand

17. Overall, how much do you feel like you belong at your school?

Do not belong at all

Belong a little bit

Belong somewhat

Belong quite a bit

Completely belong

### Supportive Relationships

Please tell us about supportive relationships in your life.

18. How many of your teachers are respectful towards you?

None of my teachers

A few of my teachers

About half of my teachers

Most of my teachers

All of my teachers

19. If you walked into class upset, how many of your teachers would be concerned?

None of my teachers

A few of my teachers

About half of my teachers

Most of my teachers

All of my teachers



20. If you came back to visit class three years from now, how many of your teachers would be excited to see you?

- 
- None of my teachers    A few of my teachers    About half of my teachers    Most of my teachers    All of my teachers

21. When your teachers ask how you are doing, how many of them are really interested in your answer?

- 
- None of my teachers    A few of my teachers    About half of my teachers    Most of my teachers    All of my teachers

22. How many of your teachers would you be excited to have again in the future?

- 
- None of my teachers    A few of my teachers    About half of my teachers    Most of my teachers    All of my teachers

23. Do you have a teacher or other adult from school who you can count on to help you, no matter what?

- 
- No    Yes

24. Do you have a family member or other adult outside of school who you can count on to help you, no matter what?

- 
- No    Yes

25. Do you have a friend from school who you can count on to help you, no matter what?

- 
- No    Yes

26. Do you have a teacher or other adult from school who you can be completely yourself around?

- 
- No    Yes

27. Do you have a family member or other adult outside of school who you can be completely yourself around?

- 
- No    Yes

28. Do you have a friend from school who you can be completely yourself around?

- 
- No    Yes

### School Safety

These questions are about how safe and respected you feel at your school.

29. I feel safe at my school.

- 
- Strongly Disagree    Disagree    Neutral    Agree    Strongly Agree



30. I know what to do in case of an emergency at my school.

No Yes

31. How often are people disrespectful to others at your school?

Almost never Once in a while Sometimes Frequently Almost always

32. How often do students get into physical fights at your school?

Almost never Once in a while Sometimes Frequently Almost always

33. How likely is it that someone from your school will bully you online?

Not at all likely Slightly likely Somewhat likely Quite likely Extremely likely

34. How often do you worry about violence at your school?

Almost never Once in a while Sometimes Frequently Almost always

35. If a student is bullied in school, how difficult is it for them to get help from an adult?

Not at all difficult Slightly difficult Somewhat difficult Quite difficult Extremely difficult

### Cultural Awareness

36. How often do teachers encourage you to learn about people from different races, ethnicities, or cultures?

Almost never Once in a while Sometimes Frequently Almost always

37. How often do you think about what someone of a different race, ethnicity, or culture experiences?

Almost never Once in a while Sometimes Frequently Almost always

38. How confident are you that students at your school can have honest conversations with each other about race?

Not at all confident Slightly confident Somewhat confident Quite confident Extremely confident

39. At your school, how often are you encouraged to think more deeply about race-related topics?

Almost never Once in a while Sometimes Frequently Almost always

40. How comfortable are you sharing your thoughts about race-related topics with other students at your school?

Not at all comfortable Slightly comfortable Somewhat comfortable Quite comfortable Extremely comfortable



41. How often do students at your school have important conversations about race, even when they might be uncomfortable?

- Almost never       Once in a while       Sometimes       Frequently       Almost always

42. When there are major news events related to race, how often do adults at your school talk about them with students?

- Almost never       Once in a while       Sometimes       Frequently       Almost always

43. How well does your school help students speak out against racism?

- Not at all well       Slightly well       Somewhat well       Quite well       Extremely well

44. Students at my school are respected and valued regardless of (check all that apply):

- Race/cultural background       Gender identity/expression       Sexual orientation       Learning differences       Income level       Other differences

45. During the past 12 months, how often have you been treated differently at school because of your race or ethnicity?

- Never       Rarely       Sometimes       Most of the time       Always

### Health and Wellbeing

These questions are about your overall health and wellness.

46. During the past 12 months, how many times have you moved?

- I have moved 0 times       I have moved 1 time       I have moved 2-4 times       I have moved 5 or more times

47. During the past 12 months, have you or your family worried about a place to live?

- No       Yes

48. During the past 30 days, how often did you go hungry because there was not enough food in your home?

- Never       Rarely       Sometimes       Most of the time       Always

49. My family expects me to attend school every day.

- Strongly Disagree       Disagree       Neutral       Agree       Strongly Agree

50. During a typical day, how many hours do you spend on a media device for a purpose other than homework - for example, media devices such as a phone, computer, laptop/tablet?

- Less than 1 hour       Between 1-3 hours       Between 3-6 hours       6 or more hours



51. I can use my phone, computer or other device without any rules by my parents/guardians. (Media devices such as phone, computer, laptop/tablet, gaming system)

No

Yes

52. On an average school night, how many hours of sleep do you get?

4 or less

5-6 hours

7-8 hours

9-10 hours

### Mental Health

These questions are about your mental health and emotional safety.

53. I feel safe to express who I am at my school.

Strongly Disagree

Disagree

Neutral

Agree

Strongly Agree

54. I would tell an adult at school if I was worried about my safety.

No

Yes

55. I would tell an adult at school if I was worried about a friend's safety.

No

Yes

56. I would feel comfortable seeking help for my mental health at school.

No

Yes

57. During the past 12 months, did you ever feel so sad or hopeless, almost every day for two weeks or more in a row, that you stopped doing some usual activities?

No

Yes

58. During the last 12 months, how often does feeling sad, hopeless, worried or anxious prevent you from wanting to come to school?

Almost never

Once in a while

Sometimes

Frequently

Almost always

59. During the past 12 months, have you been concerned enough about your weight or body image that you have engaged in self-destructive behaviors?

No

Yes

60. During the past 12 months, have you ever hurt or injured yourself on purpose (without meaning to end your life)?

No

Yes



61. During the past 12 months, have you ever seriously considered attempting suicide?

- No       Yes

62. During the past 12 months, if you have ever seriously thought about attempting suicide, did you tell anyone about these thoughts? (check all that apply)

- No, I did not tell anyone       Yes, a friend       Yes, counselor or interventionist       Yes, an adult at school other than a counselor or interventionist       Yes, someone outside of school       I have never seriously thought about attempting suicide

63. During the past 12 months, have you ever attempted suicide?

- No       Yes

64. During the past 12 months, have you experienced cyberbullying - for example, has someone used the computer, the internet, a cell phone, or other device to do something mean or hurtful to you on purpose?

- No       Yes: 1 time       Yes: 2-5 times       Yes: 6 or more times

65. During the past 12 months have other students threatened, harassed or hurt you one or more times on school property?

- No       Yes: 1 time       Yes: 2-5 times       Yes: 6 or more times

66. I have the knowledge and resources to keep myself safe in relationships.

- Strongly Disagree       Disagree       Neutral       Agree       Strongly Agree

67. During the past 12 months, have you been physically hurt on purpose by someone you were dating or going out with?

- No       Yes       I have not dated anyone in the past 12 months

### Drugs, Alcohol and Tobacco

These questions are about drugs, alcohol and tobacco. Your answers are completely anonymous, so please answer honestly.

68. During the past 30 days, how many cigarettes have you smoked?

- I have not smoked cigarettes       Less than 10 cigarettes       10-20 cigarettes       More than 20 cigarettes

69. During the past 30 days, how many days have you used e-cigarettes or chewing tobacco?

- 0 days       1-7 days       8-14 days       15 or more days



70. During the past 30 days, how many days have you had at least one drink of alcohol?

0 times

Less than 5 days

5-10 days

More than 10 days

71. What percentage of your friends drink alcohol on at least a weekly basis?

0 percent

10-25%

25-50%

50-100%

72. How wrong do you think it is for someone your age to drink alcohol regularly (at least once or twice a month)?

Very wrong

Wrong

Neutral

A little wrong

Not wrong at all

73. How wrong do your parents or guardians feel it would be for you to drink alcohol regularly (at least once or twice a month)?

Very wrong

Wrong

Neutral

A little wrong

Not wrong at all

74. Have you ever used marijuana (this includes smoking marijuana cigarettes, consuming edibles, and using vaporized forms of marijuana)?

No

Yes

75. During the past 30 days, how many times have you used marijuana?

0 times

Less than 5 times

5-10 times

More than 10 times

76. What percentage of your friends use marijuana on at least a weekly basis?

0 percent

10-25%

25-50%

50-100%

77. How wrong do you think it is for someone your age to use marijuana?

Very wrong

Wrong

Neutral

A little wrong

Not wrong at all

78. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

No

Yes

79. Have you ever done anything while drunk or high that you later regretted?

No

Yes

80. How often do you see students driving or riding in a car or other vehicle while under the influence of drugs or alcohol?

Never

Once in a while

Sometimes

Frequently

Often





81. If you used alcohol, marijuana or other drugs in the past 12 months, what are the reasons you used them?  
(Check all that apply)

- I have not used substances       Because I was curious       To take my mind off my problems       To be more social       To have fun       To help me sleep

82. Where would you go for the best information about the risks of drugs and alcohol? (Check all that apply)

- Internet / Social Media       School Health Class       Friends       Parents       Medical Provider

83. I would like my school to help me learn more about the following (Check all that apply)

- Substance use and prevention       Mental health supports       Technology use       Stress management       Healthy relationships

**Background Questions**

We need to know some background information about you so that we can describe the types of students who completed these questions.

84. What is your gender?

- Female       Male       Non-Binary       Prefer not to answer

85. What grade are you in?

- 6       7       8       9       10       11       12       12+ / GED

86. What is your race or ethnicity?

- American Indian / Alaska Native       Asian       Black/African American (Not Hispanic)       Hispanic / Latino / Latina       Native Hawaiian / Pacific Islander       White/Caucasian       Multiple Races / Multiracial       Not Listed Above

87. Do you identify as Lesbian, Gay, Bisexual, Transgender or Questioning?

- No       Yes       Prefer not to answer

88. Is English your first language?

- No       Yes

89. Are you involved in any extracurricular activities at you school?

- No       Yes



90. Are you involved in any extracurricular activities outside of your school?

       
No      Yes

91. Do you receive gifted and talented (GT) services and/or have an advanced learning plan (ALP)?

       
No      Yes

92. Do you receive special education services?

             
No      Yes      Prefer Not to  
Answer

**THANK YOU!**

Thank you for sharing your feedback with us! Please remember that there are people at school to support you if you need help with a problem. You can ask a teacher for help, or request to talk to a School Counselor, Psychologist or Social Worker.

SAMPLE FORM