





People with diabetes often aren't aware they have diabetic eye disease. That's because in the early stages of the disease, few signs may appear until after damage has already occurred. An annual eye exam from a VSP doctor can help prevent most diabetes-related blindness.

VSP doctors can detect changes in your eye health from year to year. Your VSP doctor can consult and coordinate with your primary care physician to ensure you're getting the best care.

It's easy to use.

You can visit your VSP doctor as often as needed, and you only pay a copay for the diabetes-related services. Plus, no referral is necessary.*

- Find the VSP doctor who's right for you. To find a VSP doctor, visit vsp.com or call 800.877.7195.
- Already have a VSP doctor? At your appointment, tell them you have VSP. There's no ID card necessary.

That's it! We'll handle the rest—there are no claim forms to complete when you see a VSP doctor.



Visit vsp.com to learn how diabetes affects your eyes and find out how to keep them healthy.

Contact us. vsp.com | 800.877.7195

^{*}Some health plans require a referral from a primary care physician.

The VSP Diabetic Eyecare Plus coverage is only available through a VSP doctor and pays secondary to other medical insurance coverage. This coverage is for diabetes-related eyecare services and doesn't cover routine eye exams. Contact your VSP doctor for an appointment to use your routine eyecare benefits.